

SEDONAKIND GENERAL MEETING MINUTES

May 17th, 2024 – 10:00 Sedona Public Library

*10:00 – 11 members and 3 Board members were present, everyone caught up with each other, and shopped SK notecards, Boxes of Love and Garden Wands (all the wands were snapped up and more requested!)

*10:15 – Karen Bare called the meeting to order.

*Kindness Stories were told by Linda Brecker, Louann Brock and Jawn Mckinley

*Karen and Gail Moore explained how the unsubscribe buttons on our website and newsletter work. If a member sends on a newsletter to a friend and that friend unsubscribes, that member will also be unsubscribed! Gail said she would investigate any other ways to more easily resolve this.

*Karen Bare gave an update on KIS- the Butterfly readings at West Sedona School and Oak Creek School, and the Teacher Appreciation Gifts for each school. She told how active the PTO at OCS is, and all that they do. Member Maarah Grayye gave a report on the craft project she did with the 4th graders at WWS, and her history with creating that project. The puzzles she created with the kiddoes were passed around and much enjoyed.

*Jawn McKinley reported on the success of the project SK did for the Caregivers Renewal Day with Accord Hospice on May 5th. The SK Science of Kindness presentation was well received, and Dr. Brenda Howland was present to answer questions. All Caregivers were able to choose a beautiful Good Things Box as a gift.

* Linda Brecher reported on the success of our Veteran's Breakfast at the Library on May 10th. Linda and her co-chair Carol Wallen were thanked for a job well done, and kudos were given for the delicious food that was prepared and served by their team.

*Carol Wallen reported on the presentation of the check from 100+Women Who Care to several SK members at Vino De Sedona on May 8th. \$14,750. Karen Bare explained how the monies will be used at WSS for school supplies for the children, and that no request for supplies to parents will go out at the beginning of the school year. This fund will provide all children with all the supplies they will need for a productive school year.

* The May 17th RRNEWS was passed around, which contained photos of both the KIS Butterfly event at WWS and the Veterans' Breakfast. David Jolkovski the photographer was thanked in absentia.

*Karen Bare explained the Summer Kindness Challenge that will be displayed in the Sedona Library this summer. The Children's Kindness Challenge was adapted for adults, and will be available to all who want to participate. Those who complete the challenge can write their accomplishments on cut outs of hands which can be displayed, and will receive 'adult' stickers as a prize. Members were encouraged to participate over the summer.

* Denise Waldrp, a new guest arrived, and was introduced to and welcomed by the group.

* Karen Bare explained the SedonaKind Summer Book List idea, and members broke into 3 groups to share ideas of books about kindness, family, friends, community, anything that lifts us up. Very lively discussions ensued, and 27 books were recommended. Book titles and authors will be compiled and sent out in the June newsletter. Discussion of the books will take place at our first fall meeting.

*Karen Bare shared our end of meeting kindness quote by Rumi " Your acts of kindness are iridescent wings of divine love, which linger and continue to uplift others long after your sharing."

* The meeting concluded with the passing out of book bags printed with "May you be proud of the work you do, the person you are, and the difference you make". Small metal bookmarks that have books as a design were also handed out.

* Karen Bare adjourned the meeting at 11:45, with wishes for all to have a wonderful summer!

Respectfully submitted, Jawn McKinley