

SedonaKind General Meeting Minutes

September 15, 2023 - 10:00am – West Sedona Library

Chaired by Karen Bare

Pre-Meeting – Lovely pastries, fruit, water and ice tea was enjoyed by all, accompanied by a lot of catching up after the summer.

Meeting called to order at 10:15am, 14 SK members present

Welcome – Karen welcomed everyone back to our first meeting after a summer “break”. There were no new members present.

Kindness Journal Sharing: Everyone paired up with someone they don’t normally spend time with and there was much lively kindness story conversations from over the summer. Many stories were then shared by the group with members sharing the stories they heard...not their own. It was a lot of fun and very touching.

Thank you notes – Karen read two wonderful thank you notes sent to SK by West Sedona School and the Food Bank.

Explanation/Introduction of the Current Board Members: Christine explained that when you register as an NPO (Non-Profit Organization) the Board must list a President, Vice President, Treasurer and Secretary. If an NPO has less than 4 Board members, a Board member can be listed with more than one title. SedonaKind has four Board members, each of whom has a title and some specific major tasks they manage:

Jawn McKinley – President – Newsletter & Creative Writing

Karen Bare – Vice President – KIS Committee Chair

Joy Sinnott – Treasurer – All things Financial & Craft Coordinator

Christine Schneider – Secretary – Minutes, Badges, etc. & Craft Coordinator

Everyone on the Board has the same responsibility of making sure whatever we undertake supports our mission statement to ‘Promote Acts of Kindness, Large & Small, Locally and Around the World.’ Each Board member has one vote, no more or less, and all votes require a quorum with majority rules. Board members take turns running meetings. They are also assigned committee(s) to liaison with for ease of communication.

Projects for the remainder of 2023:

Season of Kindness – Joy Sinnott - We will be showing the movie Liyana on November 13th @ 4:00pm and 6:30pm in the SIFF theatres. The tickets will be \$12.00 (\$9.00 for SIFF members). You can purchase will-call tickets at the October meeting to avoid on-line service fees. Visit <https://www.youtube.com/watch?v=CjT9RtV9gs4> to see the trailer for this wonderful movie.

Fairy Wands – Joy Sinnott – We are sold out of Fairy Wands, but if there is enough of an interest, we can order more materials and have them available at future meetings. A sign-up sheet was available for orders.

Verde Valley Caregivers Christmas Party – SK is sponsoring the VVCG party on December 13th from 10am – 2pm at the Camp Verde Library. There will be lunch, a holiday craft project and other fun activities.

Sedona Winds New Year's Eve Party - SK is co-sponsoring this party with The Sedona Women – more details to follow.

Veteran Blessing Bags – Carol Wallen – We will be coordinating the “stuffing” of the Blessing Bags at the end of the October meeting. All members are welcome to stay and help.

Pet Blessing Bags – Linda Brecher - Distribution of collected items is scheduled at the Food Bank on September 27th from 8:15am – 11:45am and 3:15pm – 5:15pm, by Linda Brecher and Carol Wallen. If there is anything remaining, they will be distributed on October 4th. A flyer listing items that are still needed was distributed to the group and it has been listed on the Wish List in the RRNews. Donations can be dropped off at collection bins located at Pet Smart, the Food Bank and at the Humane Society, until September 20th. The Humane Society is generously offering low cost chipping and shots. A flyer detailing the project, which can be posted anywhere around town, was also distributed.

Committee Reports – Unless there are specific announcements to be made by committees, Committee Reports in future will be done quarterly, in November, February and April. Sign-up sheets for current committees were available in the back for anyone that wanted to sign-up.

Committee Announcements:

KIS – Karen Bare - the committee will be meeting on Wednesday, September 20th in the Twice Nice meeting room, from 10am – 12 noon. Anyone interested is welcome to attend.

Dress A Girl – Lin Ennis – Over the summer DAG made 597 dresses and distributed some of the dresses to the Yavapai/Apache Nation where kindness tattoos and butterfly stickers were distributed to the children and DAG was asked to supply adult dresses as well. Dresses were also sent, through a Las Vegas group, to Lahaina.

Sedona's DAG is the local ambassador for this year's #projectdressagirl2023. To see more information on this project see the YouTube video (which includes a shout-out to Lin) at <https://www.youtube.com/watch?app=desktop&v=PP-pf-NvFxA>.

DAG has rented a storage unit and has a monthly newsletter available.

Lin had dress kits in her car for anyone interested and the group will be meeting to sew on Friday, September 22nd at the Church of the Nazarene in the Village.

Heartfelt Connections – Meri Thomason - only one card was needed over the summer...a good thing. Anyone needing a card to be sent to a member can find the form on our website.

Mitzvah Day – Meri Thomason - Mitzvah Day is scheduled for October 29th. Meri passed around an information sheet which listed the projects being performed, times for sign-up, etc. Sign-up can be found online at <https://bit.ly/3ssPTuF> or you can go to jcsvv.org and click on “Get Involved/Social Action.”

Charming – Sandy Brandvold – Charming has been very busy supplying Alma de Sedona with charms and collecting many for distribution during the Season of Kindness in November.

Manzanita Outreach – Joy Sinnott – Joy shared that Manzanita Outreach, after December of this year, will no longer be able to distribute school supplies to the schools due to the increased need in our community for food security, which is where all their efforts will go. Joy asked that everyone consider what SK might do to help with this effort which we will discuss further in the next few months. Several suggestions from members present were: to partner with The Sedona Women, to apply for a grant from 100 Women, to research the \$5 supply boxes that were sold by Staples at the beginning of this school year and to partner with Green Bag for collection and distribution of what they collect twice a year.

Newsletter Column Writers - Karen requested volunteers to write a Newsletter column for October, November and December. Joy Sinnott volunteered for October and Lou Ann Brock volunteered for November. December is still open for anyone interested.

Kindness Video – Karen Bare shared a news video of the wonderful “La Soupe” project she organized for the students at her former High School in Cincinnati. They “rescued” unwanted vegetables, “transformed” them into cups of soup and “shared” them with those in need in their community. You can view this touching clip at:

<https://local12.com/news/local/local-high-school-students-partner-with-la-soupe-to-make-soup-for-the-hungry> .

Volunteer Your Time – We showed the wonderful animated short *Volunteer Your Time* to everyone’s delight. We highly recommend watching it on YouTube at <https://www.youtube.com/watch?v=DtujJRFuli0>

Kindness Quote: “Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.” Archbishop Desmond Tutu

The **SedonaKind Outreach Committee**, chaired by Lin Ennis, met after the meeting.

Meeting Adjourned: 11:20am

Minutes respectfully submitted by *Christine Schneider*, Secretary