

SedonaKind General Meeting Minutes

May 19, 2023 - 10:00am – West Sedona Library

Chaired by Jawn McKinley

Pre-Meeting – Lovely breakfast pastries, yogurt, fruit, cheese and ice teas were enjoyed by all accompanied by a lot of fun chitchat. Boxes of love and cards were available for sale.

Meeting called to order at 10:25am, 28 SK members present

Welcome – Jawn welcomed everyone to our last meeting before summer break.

Slide Show: A short slide presentation was shown with wonderful pictures of our recent activities including the Charming party, presentation of the teacher appreciation gifts to West Sedona School and Oak Creek School, Bombas socks distribution by Manzanita Outreach (we received 10,000 socks), the Veterans breakfast and cards made by the Wildcat afterschool program that will be given to the homebound through the Food Bank homebound program.

New Members – Trish Dexter and Agi Lombardi introduced themselves and were welcomed by the group.

Kindness stories – stories were shared by Cheryl and Lynda...thanks for sharing!

Committee Reports:

Committee Chairs shared brief, informal comments:

Charming – Sandy – the Charming Party was a big success and it was wonderful catching up with some members we hadn't seen in a while. Pictures of the party can be viewed on the SK website by clicking on "Kindness Charms" at the top of the screen, then the "2023 Charming Party Photo Album" box.

Operation Special Delivery – Sandy – anyone that has any ideas of possible projects for this group, please go to our website, click the "Contact Us" line in the drop-down menu of the "Home" button at the top of the screen.

Veterans Breakfast – Linda - the breakfast was a huge success and very much enjoyed by the veterans. There was plenty of wonderful food prepared by our members and the movie *Wings of Silver: The Vi Cowden Story* was enjoyed by all.

Kindness in Schools – Karen – We are partnering with the Sedona Children's Library with a Summer Kindness Challenge. The children are challenged to pick 9 acts of kindness from a long list of possibilities. Once they have completed them they will return the list to the library and receive a paper hand on which they will write their favorite. The hand will be affixed to the library wall and they will receive an SK Kindness bracelet. The Challenge will run from May 29th through July 31st. If you will be visiting the library this summer, be sure to stop in to the Children's section and see how it is going.

Elderly/Homebound – Jawn – We donated 50 boxes of love for the caregivers attending the Adult Community Center's Caregiver Conference.

Dress A Girl – Lin – Thanks to Pam and her connections with FDEX, Lin had a box of 50 large dresses that will be FDEX'd to NJ where someone that is going to Malawi will pick them up and deliver them. Anyone interested is invited to attend the next Dress A Girl work group, Friday, May 26th at the Nazarene Church in the Village from 9:30am – 12:30pm.

Heartfelt Connections – Meri – We have sent 24 cards to various SK members over the last year. If you know of an SK member who could use a card of encouragement, sympathy, etc., submit the details online by clicking on “Heartfelt Connections” in the drop-down menu under “More” at the top of the page.

Stay tuned for updates on:

Dog & Kitty Blessing Bags – Linda - they are working with the Humane Society on obtaining additional donated items and will have a distribution date in September.

Veterans Blessing Bags – Jawn (for Heather) – the committee is working on a possible social gathering for the presentation of the bags at the VFW.

Elderly/Homebound – Jawn – we will be sponsoring and participating in the Verde Valley Caregivers December outing with food and a craft. Mitzvah Day is scheduled for October 29th and we will be participating. We have pet blankets for the Adult Community Center which will be presented in November. We will be partnering with Sedona Women to have a New Year’s Eve Party at Sedona Winds.

Movie Time – *Butterfly Circus*

The movie short *Butterfly Circus* was shown to the enjoyment...and some tears...of the entire group. Butterfly stickers were distributed to all members by Karen.

Little Book of Kindness Journals - Joy

All our members are our unsung heroes and we wanted everyone to know how much we appreciate them and wanted to gift those present with the journals to have a place to note acts of kindness they’ve given, received and/or observed.

The pocket journals were adorned, by Joy, with the words “Little Book of Kindness.” The first page reads:

Give kindness
Observe kindness
Receive kindness
Believe! In kindness

Kindness Quote share by Jawn:

“The butterfly counts not months, but moments...and has enough.”

We hope everyone has a healthy, safe, enjoyable summer!

Jawn adjourned the meeting at 11:20am and more food and chatter was enjoyed.

Minutes respectfully submitted by Christine Schneider, Secretary