

February 17, 2017 sedonakind general meeting

Moderator – Katie Hamilton

Laurie Dawe

Gail Moore

Gail Mann

Mary Feeney

Linda Nicholas

Gloria Woody

Linda Pyin

Ruti Lovitt

Teresa Allen

Lucy Paradise

Heather Molans

Mary Smoak

Sandra Medilla

Pat Simari (St. John Vianney [patsimari@gmail.com](mailto:patsimari@gmail.com))

Kathleen Brand [kagz429@hotmail.com](mailto:kagz429@hotmail.com)

Susan Turner [sturner@accordhealthgroup.com](mailto:sturner@accordhealthgroup.com)

Jawn Mckinley

Patti Broad

Karri Lee Hertzberg

Donna Newcomb

Carol Wallen

Stephanie Peed

Kim Corey [kc86339@gmail.com](mailto:kc86339@gmail.com)

Sandy Brandvold

Astara Fisher

26 attendees

Reminder – next meeting at Sedona library, then back to church

Discussion regarding meeting place – unanimous to keep it here since free

In fall will be \$10 fee per session

Big/littles – great event with Rotary Big Sisters/Big brothers and us

St John Vianney – great event

Coming up lunch and learn at Ollie – April or May

Retired Association of teachers 9/18

Sandy talked about boxes of love going to hospice, Verde Valley caregivers, cancer centers as well as individuals

Greenbag project – signup sheet passed out

Added to website – form for helping out with projects

Reminder – kindness cards – for sale

Kindness stories

Karen Dansby donated stamps for cards

– someone scratched Katie's back at Safeway

Heather spoke about how Jawnie wrote 3 chocolate songs for her meeting in February

Penny O'Brian – Hospice in Cottonwood – gal with her when she passed – recipient of kindness box.

Donna Newcomb talked about Meals on wheels and flowers donated by Mountain High flowers for occasions – this year rosebushes on valentine's day also homemade cards from all over sent from school kids to Meals on wheels America – currently 65 meals on wheels participants.

Great ideas to make cards – could do a project with Bigs/littles. Firemen delivered flowers on valentines day – received excess donations from Mtn. Hi flowers.

Ideas for kindness day – Carol wallen talked about 1000 ornaments – 636 unused

Trying to repaint used ones – need suggestions for more places for trees – will sell big white tree, possibly at Church Red Rocks rummage sale

Next year add fishbowl by trees with acts of kindness to take

Looking for another movie for next kindness day – Stephanie suggested “Mr. Church”

Could benefit VV sanctuary?

Jawnie talked about monthly essays for website – “pebbles in the Pond” suggested ask

Scorpion Shout out to write on what kindness means to them

Next year – random acts of gardening – Kim Corey – nonprofit started 2014 “throw pillows of the landscape” free but can donate through paypay – made and distributed 75 since inception.

12” new containers for 5-7 plants approx. \$15 each with doodads, clayhearts on a stick or

kindness charm added. Looking at April – earthday 2018 – good ask for grant

Kari Lee talked about kindness wall in Tucson same here for future even

Kindness kudos

Joan Shannon – Lucy Paradise to screen nominations.

Ended with puppet show put on by KariLee, Jawnie, Gloria on empathy – listen with heart, not just ears – taped by Astara

Ruthie Parsons reading Empahy Pie next week, Stephanie will join